

<u>Tap Ballet</u>:

The Tap/Ballet is a 45-minute class divided with 20 minutes of tap and 25 minutes of ballet. Since ballet is the basis for all dance technique, the combination of both works hand in hand. The technical training is taught through ballet, which in turn helps teach the proper shifting of weight and patterns in movement for tap. Since children naturally respond to music and movement, all of the activities are executed to fun music. Students will need black tap shoes, pink ballet shoes, pink ballet tights and a leotard. Join us for our Spring Session with a Recital held on April 24th!

Class Schedule: Mondays, Jan 23rd - April 24th Time: 4:30 - 5:15 pm Location: Sugar Hill Community Center Ages: 3 yrs. - 5 yrs. Fee: \$150.00 No class Feb 20, April 3



DRESS CODE for Tap Ballet & Pre-Ballet: Girls must have a pink leotard, pink tights, pink ballet slippers, and black tap shoes. Long hair must be pulled away from the face. Be sure to label all dance attire!

BINGO:

Come join us for free games of BINGO and meet new people in the Sugar Hill area. Light refreshments will be provided.

Class Schedule: Second Tuesday of every month. Time: 11:00 am - 12:30 pm Location: Sugar Hill Community Center Ages: All Fee: FREE





Karate Classes

Master Instructor: Renshi Shihan Michael Hoffman – 5TH Degree-Go Dan

Students will learn age appropriate self defense while developing stamina, coordination and self confidence within a structured environment. Classes are designed for continuous training to achieve Karate ranks as you progress from white belt to black belt.

<u>SESSION I</u> Jan 3 - Feb 2 (5 weeks)

Youth Class (Ages 6 to 14 yrs.): Beginners Program Class Schedule: Tuesdays & Thursdays Time: 6:15 - 7:00 pm Location: Sugar Hill Community Center Tuition: \$60.00

Youth Class (Ages 6 to 14 yrs.): Inter/Adv'd Program Class Schedule: Tuesdays & Thursdays Time: 7:15 - 8:00 pm Location: Sugar Hill Community Center Tuition: \$60.00

Adult Class (15 yrs. and up): All rank levels Class Schedule: Tuesdays & Thursdays Time: 8:15 - 9:00 pm Location: Sugar Hill Community Center Tuition: \$60.00

SESSION II Feb 7 - Mar 9 (5 Weeks)

Youth Class (Ages 6 to 14 yrs.): Beginners Program Class Schedule: Tuesdays & Thursdays Time: 6:15 - 7:00 pm Location: Sugar Hill Community Center Tuition: \$60.00

Youth Class (Ages 6 to 14 yrs.): Inter/Adv.'s Program Class Schedule: Tuesdays & Thursdays Time: 7:15 - 8:00 pm Location: Sugar Hill Community Center Tuition: \$60.00

Adult Class (15 yrs. and up): All rank levels Class Schedule: Tuesdays & Thursdays Time: 8:15 - 9:00 pm Location: Sugar Hill Community Center Tuition: \$60.00

SESSION III Mar 14 - April 20 (5 Weeks)

Youth Class (Ages 6 to 14 yrs.): Beginners Program Class Schedule: Tuesdays & Thursdays Time: 6:15 - 7:00 pm Location: Sugar Hill Community Center Tuition: \$60.00

Youth Class (Ages 6 to 14 yrs.): Inter/Adv.'s Program Class Schedule: Tuesdays & Thursdays Time: 7:15 - 8:00 pm Location: Sugar Hill Community Center Tuition: \$60.00

Adult Class (15 yrs. and up): All rank levels Class Schedule: Tuesdays & Thursdays Time: 8:15 - 9:00 pm Location: Sugar Hill Community Center Tuition: \$60.00

No class April 3-7





Russian Language School:

Zoya's Language School is offering Russian language classes for students of any age and any level from beginners to advanced. Training in grammar, communications, culture, social and business, and language learning activities.

Class Schedule: Wednesdays (must pre-register) Time: 4:00 - 4:45pm 5:00 - 5:45pm 6:00 - 6:45pm (private lessons) Location: Sugar Hill Community Center Ages: All Fee: \$25 per 45 mins (additional \$10 per family member)

SHARING AFRICAN WRITING FOR CHILDREN:

Using relevant literacy and events {verses about colors, verses about months of the year, holidays,foods, among others) from Liberia,Africa in the local community to experience the Liberian environment; incorporating art, music, and dance from the African region.

CLASS OUTLINE : Introduction of selected Liberian Symbols; Background of instructor's experiences in Liberia; locating Liberia Using African items to learn colors Using the African environment to learn about monthly activities in Liberia Conclusion/Evaluation

FEE INCLUDES ONE (1) COPY OF THE REFERENCE TEXT, THINGS TO DO.

INSTRUCTOR: Mrs. Elaine Worlow, MA & MPH Missionary/Consultant/Author INTENDED AUDIENCE: parents,teachers, child care providers, general community **CLASS SCHEDULE: Wednesdays, March 8– 29 (must pre-register)** Time: 7:00-8:30 p.m. for 4 weeks Location: Sugar Hill Community Center FEE: \$70.00 per class (financial assistance available if qualified)



Understanding and Maximizing Your Social Security Benefits - Seminar: A great resource for anyone who plans to retire in the next 15 years. Topics include: How your ben-efits are calculated, spousal and ex-spousal benefits, survivor benefits, potential taxation of benefits, early retirement and delayed retirement strategies, and more. How are COLAs calculated, and what to expect in future. Its possible to increase your lifetime benefits by over \$125,000 and more with the right strategy. Attend only one session. This is an education-only course provided by Robert Cox, CFEi, "The Retirement Educator" a professional retirement planner.

Class Schedule: **Tuesday Jan 10** Thursdays, Feb 9, Mar 9, April 13, May 11 Time: 7:00 to 8:15pm Location: Sugar Hill Community Center Cost: Free

Creating Your Own Personal Pension:

Employer pensions have almost disappeared in the private sector. Yet by combining different financial strategies with social security you can build your own personal pension or "lifetime retirement income. In this course we evaluate income producing strategies such as annuities, REITs, reverse mortgages, bonds and dividend stocks. Each is evaluated in areas of "risk" and "liquidity". This is an education-only course provided by Robert Cox, CFEi, "The Retirement Educator" a professional retirement planner.

Class Schedule: Thursday, Mar 30 Time: 7:00 to 8:15pm Location: Sugar Hill Community Center Ages: Adults Fee: Free

Medicare Basics Overview:

This course assists the attendee in understanding the many facets and particulars of Medicare. You will gain a foundation of Medicare Part A, Part B, Part C (Medicare Advantage) and Part D (Prescription Drug Plan). Areas include when to apply, how to apply, how it interacts with private insurance, deductibles and what factors to include in choosing the right plan. A brief overview of Medigap plans is also provided. This is an education-only course provided by Robert Cox, CFEi, "The Retirement Educator" a professional retirement planner.

Class Schedule: Tuesday, Feb 21 Time: 7:00 to 8:15pm Location: Sugar Hill Community Center Ages: Adults, Fee: Free



ESTATE PLANNING: Everybody Needs a Will:

We will cover the basics of Estate Planning. It is pretty common knowledge that a Last Will and Testament distributes your property when you die. But who will care of your children? Who will manage your affairs if you become disabled? Who will see to your medical care? How will your family know what to do? We will discuss Wills, Durable Financial Powers of Attorney, Advance directives for Healthcare and Living Trusts as tools to use in planning. James M. Miskell, instructor, received his law degree from the University of Georgia in 1993. His Asset Protection, Estate Planning and Elder Law practice has offices located in Lawrenceville and Johns Creek.

Class Schedule: Tuesday, Feb 28 Time: 7:00 to 8:15pm Location: Sugar Hill Community Center Ages: Adults, Fee: Free

Reverse Mortgage Basics:

In this course, you will learn Reverse Mortgage Basics including getting answers to Questions like: What is a Reverse Mortgage? Does the Bank own my home after I do a Reverse Mortgage? How do I get paid for the cash out of my mortgage? What happens to the home after I am deceased? How much cash can I get out of my home on a Reverse Mortgage? Who can Qualify for a Reverse Mortgage? How much will I owe? How is it paid back? The Course Instructor, Dan McKenzie, is a licensed Mortgage Loan Originator in the State of Georgia and has been helping seniors with Reverse Mortgages for 10 years. You can review Dan's profile at www.danmckenzie.com.

Class Schedule: Tuesday, Mar 7 Time: 7:00 to 8:15pm Location: Sugar Hill Community Center Ages: Adults, Fee: Free



Social Dance Classes in Argentine Tango

Argentine Tango classes for couples and individuals. No prior dance experience necessary. Two class levels available. Classes are designed for continuous training with new topics introduced each month. Learning the popular social dance of Argentine tango will enable you to dance tango at public tango dancing parties.

Authentic Social Tango Classes are taught by Tina Marie Tango & her assistant. To enroll, contact Tina Marie Tango in advance of attendance. Email, text or call <u>tinamarie2tango@gmail.com</u> or 678-469-5005. Online registration and payment is accepted at <u>wwwtangoeco.com</u>.

DISCOUNT BONUS DETAILS! If your 2016 New Year's Resolution was to have more fun, add more social activity and more exercise to your life, it's not too late! All can be met by Argentine Tango. With your 10-class card enrollment, submit a hand written NY resolution at your first class we will give you a **\$10 go-free voucher** for an evening at a public tango dancing event.

Give yourself the gift of Tango

Class schedule: Mondays Instructor: Tina Marie Tango Time: 7:30 - 8:30pm Understanding the Basics - All Levels Time: 8:30 - 9:30pm Level II - Progressive Tango Ages: All Location: Sugar Hill Community Center Fee: 5-class card/\$70 10-class card/\$125 (Take 2 classes on the same night for the price of 1) For the enjoyment of all, gender balance with lead and follow participants is monitored, so please inquire for placement availability in advance of attending class. 678-469-5005 or tinamarie2tango@gmail.com



City of Sugar Hill Sports

Beginner/Intermediate Ballroom & Social Dance Class

Focus on Rumba, EC Swing, WC Swing, Salsa and Merengue, along with other dances of interest.

Class Schedule: Mondays Time: 5:30 to 6:30pm Location: Sugar Hill Community Center Ages: Teens and Adults Fee: \$10 per person (Minimum 5 people)\$15 per person (Less than 5), pay as you go

Intermediate/Advanced Ballroom Class

Focus on Technique of all dances, with greater emphasis on learning the smooth dances, Waltz, Foxtrot and Tango.

Class Schedule: Mondays Time: 6:30 to 7:30pm Location: Sugar Hill Community Center Ages: Teens and Adults Fee: \$10 per person (Minimum 5 people)\$15 per person (Less than 5), pay as you go

Model Runway Training

Learn your personal style; Models Walk, Poise & Posture; Posing techniques, Make-up & Skin care!

- Session includes Models Walk (runway);
- Make-up Application,
- Voice Projection,
- Speaking on and off camera and
- Photo Posing Techniques

Class Schedule: Tuesdays, Session 1 Jan 10 - 31 Session 2 Feb 7 - 28 Session 3 Mar 7 - 28

Time: 6:30 to 7:30pm Ages: 10+ Location: Sugar Hill Community Center Cost: \$66 per session



City of Sugar Hill Sports

Coed Outdoor Flag Football:

Gary Pirkle Park Field - 6195 Austin Garner Rd Sugar Hill 30518 Dates: Sunday Afternoons, 7 weeks (Dec. 4th – Feb. 19th) Ages: 5-13

Coed Indoor T-Ball:

Buford Elite Sports Training Facility - 4729 Nelson Brogdon Blvd, Sugar Hill 30518 Dates: Saturday Mornings, 6 Weeks (Dec. 3 - Feb. 11th) **Ages:** 3-4

<u>Coed Indoor Basketball:</u>

North Gwinnett Middle School – 170 Peachtree Ind. Blvd Suwanee 30024 Dates: Saturdays, 7 weeks (Dec. 10th – Feb. 18th) Ages: 4-12

Coed Outdoor Soccer: Gary Pirkle Park Field - 6195 Austin Garner Rd Sugar Hill 30518 Dates: Sunday Afternoons, 7 weeks (Dec. 4th – Feb. 19th) Ages: 3-11

Coed Indoor Instructional Soccer:

Buford Elite Sports Training Facility - 4729 Nelson Brogdon Blvd, Sugar Hill 30518 Dates: Saturdays, 6 weeks (Dec. 3 - Feb. 18th) Ages: 3-6

Coed Outdoor Instructional Lacrosse:

Gary Pirkle Park Field - 6195 Austin Garner Rd Sugar Hill 30518 Dates: Saturday Afternoons, 6 weeks (Jan. 7th - Feb. 25th) Ages: 6-11

Coed Instructional Volleyball (2 Options):

Atlanta Volleyball Academy – 811 Brogdon Road Suwanee 30024 Dates: Saturday Mornings, 6 weeks (Nov. 5th - Dec. 17th) or (Jan 21st – Feb. 25th) Grades: K-12th

Visit <u>http://www.i9sports.com/</u> or call 678-472-2142 to register or get information.



City of Sugar Hill Golf Course

Sugar Hill Golf Club

Fri	Jan 13	SHGA sign up Party
Sat	Feb 18	SHGA 3 club Monty open to members and guests
Sat	Mar 18	SHGA 2 man 6/6/6 member/member and member/guest teams
Tue	Mar 21	I 9 Jr camp starts. Register with I 9
Sat	Apr 7	Bunglers (Masters) tournament Wilcox invitational
Sat	Apr 15	SHGA member / member

Foot Golf is now available for play and outings. Contact the pro shop for details. Sugar Hill offers special rates for all active Military, Police, Fire, EMT and Teachers Check with I-9 sports to register your child for the next I-9 golf camp at Sugar Hill Golf Club. I-9 has camps in the Fall, Spring and Winter

Lessons available by Scott Murphy, third generation golf professional and master club fitter. 45 minutes

Regular Jr

\$45.	00
\$20.	00

30 minutes Schedule your charity or business golf outings at Sugar Hill with the best rates in N. Georgia. Book the banquet room for meetings and parties \$250.00

Join our new range program for all the balls you want to hit \$200.00

New golf pass includes the range pass, Golf Association and discounted green fees \$275.00 Become part of the Sugar Hill Golf Association which includes a USGA handicap and they have 12 + tournaments a year \$100.00 Resident rates are now \$25.00 during the week and \$37.50 on the weekend. Resident cards

are purchased in the pro hop

Jr rates. Pay by age for those younger than 16 Breakfast and Lunch served Tuesday – Sunday

call the grill 770-932-9178

Free Wi -Fi now available in clubhouse

Check out our brand new website and free mobile app for smart phones that includes course GPS and flyovers.

www.sugarhillgolfclub.com

Call or e-mail Sugar Hill Golf Club for all opportunities and become a fan of ours on Facebook for daily updates. 770-271-0519, shqclub@bellsouth.net





Winter Ball Mastery Camp:

For individual player development at all levels Dates: Saturdays Mid Morning December 10,17, January 7, 14, 21, 28, February 4, 11, 18, 25

Location: Gary Pirkle Park (6195 Austin Garner Rd Sugar Hill 30518) Practice for 1 1/2 hours on individual player development then incorporate new skills into 1 hour of games

Ages 6 - 17 (High Schoolers can attend and prepare for High School Tryouts) Registration Fee: \$195

Registration Includes: 2 1/2 hours of soccer each week, homework, L/S Camp Shirt Special Appearances by US National Team member Sean Johnson, Russian National Team member Katya

Gokhman and US International Danielle Au and several college players Homework will be given to reinforce player development

<u>Spring Recreational Season:</u> For the Recreational Player

For the Recreational Player Dates: February 19th - May 20th (No games during Gwinnett Co. Spring Break week) Location: Gary Pirkle Park (6195 Austin Garner Rd Sugar Hill 30518) Practice 1 - 2 times per week with one game each weekend Ages 3 - 19 Registration Fee: \$69 - \$149 (Depending on the age) Registration Includes: 10 games on Saturdays and 1 - 2 practices during the week

Academy Tryouts: December 3rd

For competitive soccer players Date: December 3rd Time: 10am - 12noon Location: Gary Pirkle Park (6195 Austin Garner Rd Sugar Hill 30518) Home games played at Gary Pirkle Park Season from Feb - May Practice 2 times per week with 1 - 2 games each weekend Ages 8 - 12 boys and girls Registration Fee: \$650 includes all professional coaching, training and games

Disney 3v3:

Earn a chance to compete in National's at <u>Disney World in Orlando, FL!</u> Dates: Monday, January 2nd, 2016 Location: Gary Pirkle Park (6195 Austin Garner Rd Sugar Hill 30518) Play a minimum of 3 games with playoffs during the day Ages 6 - 17 (High Schoolers can attend and prepare for High School tryouts) Registration Fee: \$35 per player **Registration Includes: a minimum of 3 games and age group winners qualify for Nationals at Disney's Wide World of Sports in Orlando, FL**

Visit: <u>www.allinfc.com</u> to register or call 770.335.1341 for answers to any additional questions

2017 Rental Information and Fee Schedule

Sugar Hill Community Center

The Sugar Hill Community Center is located at 1166 Church Street. This facility is available for rent only by Sugar Hill residents on Fridays, Saturdays and Sundays. The center includes a 4,600 square foot open area, a full catering kitchen and bathrooms complete with a shower. There are one hundred (100) chairs, eight (10) five foot wide round tables and fifteen (15) six-foot long rectangle tables for your use during the rental. The Community Center is not rented by the hour.

1 (one) Room Rental: \$200 (Seniors 55 years or older \$125) 2 (two) Room Rental: \$300 (Seniors 55 years or older \$175) Rental Deposit: \$200 (Refundable) Kitchen included in the rental rate.

Gary Pirkle Park

Gary Pirkle Park is the newest addition to the City parks. Located at 6195 Austin Garner Road, the park consists of 5.6 acres of synthetic turf fields, 3 acres of grass fields, 1.7 miles of asphalt pathways, six (6) creek crossing bridges, sports lighting, street lights on pathways, unique pavilion playground facility, three (3) picnic pavilions, two (2) concession/restroom facilities.

Pavilion:\$75Turf Field:\$50/hr. \$75/hr. with lightsGrass Field:\$25/hr. \$50/hr. with lightsRental Deposit:\$100 (Refundable)

For more information please contact the City of Sugar Hill Recreation Department at 770-831-7413.

SUGAR HILL PARKS & RECREATION REGISTRATION FORM PLEASE NOTE ALL CLASSES MUST MEET A MINIMUM ENROLLMENT FOR THE CLASS TO OCCUR.

Participant's Name			Home Phone		
Age	Date of Birth//		Male/Female (please circle one)		
Mother's Name	Work Phone				
Father's Name	Work Phone				
Address			Sugar Hill Resident Yes / No		
City		Zip			
E-mail Address					
Emergency Contact	Relationsh	ip	Phone		

WAIVER

I, the undersigned, assume all risks and hazards incidental to participation, including transportation to and from these activities and do hereby, for myself, my child, my heir, executors, and administrators, waive, release, absolve, indemnify and agree to hold harmless the City of Sugar Hill, Sugar Hill Parks and Recreation Department and its representatives, sponsors, affiliated associations, organizers, officials and participants for any and all damages suffered by myself or my child in connection with this activity. Also, I agree that I will abide by all the rules and policies outlined in the National Rules and set by the Sugar Hill Parks and Recreation Department.

I, the undersigned, give permission to the Sugar Hill Parks and Recreation Department to photograph and video programs/ activities and use those materials in advertising, promoting and reporting Parks and Recreation programs and activities.

I, the undersigned, give permission to the Sugar Hill Parks and Recreation Department to obtain and authorize medical care for said minor child at any hospital, emergency medical center, or any other health facility: by any medical doctor, osteopath, nurse, surgeon or any other medical practitioner. The undersigned further agrees to be responsible for the expenses of any medical care needed by the minor child, and hold the staff authorizing the medical care harmless from any damages suffered by the minor child or the undersigned as a result of the medical treatment authorized.

Signature (Participant/Parent/Guardian)	Date	Э

Γ	Class	Day	7	Dates	Time	Location	Fee
-						TOTAL	
PAY-						IOTAL	
				MENT			
Credit Ca Card Nu	nber	MC	DSC	Check #	Mone Expirati	ey Order/	//
Name as it appears on Card			SignatureDate				
	Make Checks	payable & N	Aail to – City	of Sugar Hill / 5039 V	West Broad Stre	et / Sugar Hill, G	A 30518
		Fax form	with Credit (Card Payment and Si	gnature to 770-8	331-7546	
	For quest	ions please c	ontact the Red	creation Department	at 770-831-7413	PAID	

REGISTRATION INFORMATION

WALK-IN Sugar Hill Community Center 1166 Church Street 8:00 am - 5:00 pm Monday - Friday

FAX IN

We accept sign-up by FAX using VISA or MasterCard on a registration form **only**. Credit card information must be supplied on the form. Fax # 770-831-7546

MAIL IN

- 1. Fill out and sign the registration form in the packet.
- Enclose payment. Payment may be made by personal check, money order, VISA or MC This process DOES NOT guarantee you a spot in the requested program/s.

Please make check payable to: CITY OF SUGAR HILL 5039 WEST BROAD STREET SUGAR HILL, GA 30518



5039 West Broad Street SUGAR HILL, GA 30518

LOOK INSIDE FOR SUGAR HILL'S **NEW PROGRAM GUIDE!!!**